## **The Clevis Welfare Home**



# Application Process Frequently Asked Questions

## • Question: How do I apply for a place in The Clevis for a client of mine?

Answer: Applications are welcomed from individuals who have low dependency needs are are 65 years or older. Contact the Clevis Manager (Tel 2160555) to arrange an appointment to visit the Home .It is very beneficial for the applicant to visit the home to see the facility and the services provided. The application process and the services provided will be explained in detail to the client. An Application form needs to be completed by the applicant, with their Public Health Nurse or Social Worker and their GP and sent to the Chairperson of the Clevis Selection Committee. All applications must be accompanied with a recent (within 6 months) geriatrician's assessment report.

## • Question: What is the application process and timeframes involved

Answer: An application goes through the following stages before the applicant is placed on the Clevis waiting list.

- The applicant visits the Clevis to meet with the manager and the Medical Social Worker. The Application form is completed by the applicant, with their Public Health Nurse or Social Worker and their GP. A referral is made to Carew House or local Geriatric consultant for a full geriatric assessment
- The application is discussed at the Selection Committee Meeting which is held every 2 months
- Once an application is successful the person is offered a trial (dependent on waiting list).
  When a bed is available the applicant is contacted and asked to come to stay for a one month trial.
- As the decision to move to supported living is such a life changing one, the trial offers the person a chance to see if they like living as part of the Clevis community. It also offers the Clevis staff a reasonable time to assess the needs of the Residents and highlight any risks or areas of concern. If an applicant declines the offer of a trial, they are taken off the waiting list but can reapply at a later stage.
- Question: Who would you make an appointment with to view The Clevis and find out more? Answer: Contact Liz Cusack, Clevis Manager Tel 2160555 or email <u>l.cusack@lph.ie</u>

## • Question: Where is The Clevis located?

Answer: The Clevis is located in the magnificent grounds of Leopardstown Park Hospital which is very close to the Leopardstown Racecourse.

#### • Question: Are there shops and services near The Clevis?

Answer: The Central Park Luas station is minutes away from the gate of Leopardstown Park Hospital. Residents access the Luas which provides transport to local supermarkets in Leopardstown Valley (3 stops). There is a free daily delivery service arranged for residents to avail of newspapers and magazines. The local shop (CENTRA) is located in the financial centre behind the Central Park luas stop.

#### • Question: Can I come and go freely during the day and at night?

Answer: Yes. The only 'rule' in the Clevis is that you inform staff when you are going out and give an estimated time of return. Residents are encouraged to bring their mobile phones with them.

#### • Question: Is there access to activities or groups in The Clevis?

Answer: Activities available in the Clevis (organised by Residents and staff) include: Weekly Bingo evening. Saturday Social & Bank Holiday Socials. Weekly Film Club . Poker night's Pool table Weekly Evening Art Group, 'Happy Hour', weekly exercise class. Weekly trivia quiz, gardening. Activities information board and daily trivia questions, updated daily! Residents are also welcome to take part in activities and access services available in Leopardstown Park Hospital. Physiotherapy Chapel (mass Tues and Sat). Library. Occupational Therapy groups. The Residents enjoy and participate in the events and concerts organised by Resident Services Dept. These include art and craft groups and musical groups, concerts, films and homemade cakes at the Coffee Dock every Wednesday and Saturday afternoons

#### • Question: What does the building look like, is it a bungalow?

Answer: The Clevis is a two storey flat roofed building. It was originally built during the 1950's and was historically the nurses' home for Leopardstown Park Hospital. There are 29 bedrooms, 28 single and one double bedroom. Other rooms include a conservatory, a comfortable sitting room and library, quiet room, and a large bright dining room.

#### Question: Is it staffed by nurses/carers? Who is the manager?

Answer: The Clevis has a dedicated staff team who work exclusively in the Home. The manager, Liz Cusack, works Monday to Friday. There are always two carers in the Home, both day and night. Their duties are comprehensive and are orientated towards ensuring a homely environment for all the Residents in the Clevis. There is no full time nursing cover in the Clevis. The nurse is on duty from 8am to 1pm and from 6pm to 10pm. Ailments and illnesses common with many elderly people living at home are addressed promptly with early recovery resulting. Emergency nursing support is provided by the nursing staff in Leopardstown Park Hospital.

- Question: Have clients got their own room and bathroom/ en-suite? Answer: Each resident has their own Individual room. The bedrooms are not en-suite. Residents are welcome to decorate their rooms with their own belongings to feel at home.
- Question: Can I lock the door to my room? Answer: All bedroom doors have locks fitted.
- Question: Can you bring pets? Or can pets visit? Answer: Unfortunately Residents cannot keep pets in the Clevis, however visits can be arranged.

• Question: How much do I pay to stay in The Clevis? How do I pay for it? Do I have to take money from my house? Do I use my pension?

Answer: Fees are charged at 80% of the individual's assessable <u>income</u> (only) minus allowable deductibles. All successful applicants will be requested to complete a financial assessment form prior to admission and the cost of contributions is then calculated and advised to the applicant. All applicants must sign a contract of care including their agreement to the charges prior to admission. The minimum statutory charge of  $\leq 130$  a week.

• Question: Can my family visit? Can family members stay over? Are there sitting rooms for visits?

Answer: There are no 'visitors times' in the Clevis, instead family and friends can visit just like at home. They are kindly requested to sign the visitors' book in the lobby. Unfortunately we do not have the facilities for family members to stay overnight.

 Question: Can clients visit The Clevis prior to admission? Answer: Definitely, applicants are encouraged to visit as part of the application process. Appointments can be made by contacting the Manager, Liz Cusack. Tel 2160555 or email <u>l.cusack@lph.ie</u>

- Question: Is there a safe place for me to keep my personal belongings/cash etc? Answer: All rooms have a lockable storage space.
- Question: Who does my laundry? Is there a charge for this service? Answer: The laundry is looked after in the home and there is no additional charge.
- Question: How many people are resident in the clevis? How many men/women?

Answer: There are 29 bedrooms in the Clevis, 28 single and one double room. The bedrooms are not en suite. There is no allocated 'male and female beds', normally there are equal male and female residents in the home but this can vary. Currently, the youngest resident is 71 and the eldest is 100 years young.

## • Question: Where do I go if I get ill or get sick in The Clevis?

Answer: If a Resident becomes acutely ill they are transferred by ambulance to hospital. Once recovered the Resident returns home to the Clevis.

If a Resident's health declines and they need full time nursing care, an application is made under the Fair Deal scheme for appropriate full time nursing care in Leopardstown Park Hospital or any nursing home of the residents' choice. The decision to transfer to a Nursing Home is made when the Residents needs outweigh what the Clevis can offer. The decision is made in consultation with the Resident, their families, and the Medical team.

- Question: Is there a GP on call or do I visit my GP practice? Can I keep my existing GP? Answer: Each Resident is offered the choice of transferring from their own GP to the LPH Medical Officer. The Medical Officer provides a weekly GP clinic with residents in the Clevis and urgent medical cover is also available throughout the week.
- Question: Is there a facility to collect my prescription from the chemist?

Answer: Residents no longer have to worry about arranging prescriptions and medication supplies as the Clevis manager and nurse take on this responsibility. The Clevis avails of a service from a local pharmacy who delivers the medications. Normal GMS prescription charges apply.

- Question: Where do I go to live if I am no longer able to manage in The Clevis? Answer: When a resident's needs increase and they require full time nursing care, they are supported to make a 'Fair Deal' application by the manager and the Social Worker. Residents can choose what nursing home they would like to move to.
- Question: Can I prepare my own meals or snacks? What are the set meal times? Can I prepare food for my guests? Is there a separate charge for food provided by The Clevis? Answer: All meals (breakfast, lunch and tea) are served in the dining room and there is no additional charge. Supper is served in the residents bedrooms. Snacks are available throughout the day. Individual choice and preferred portion sizes are important. Refreshments can be requested for guests and are provided. Residents can also store snacks in the residents' fridge in the dining room.
- Question: Is there TV/Sky/Internet/computer? Is there a separate charge for these services? Answer: All bedrooms have cable TV, RTE1, RTE 2, TV3, TG4, BBC1, BBC 2, UTV and C4. Sky TV is available in the sitting room. There are no additional charges; there is currently no wifi connection in the house.
- Question: Am I allowed to drink alcohol in The Clevis? Answer: Residents are allowed alcohol. Alcohol is served at the Clevis socials evenings (2 drinks). Each residents healthcare needs are individual and any concerns or restrictions would be agreed with the resident.
- Question: Can I smoke in The Clevis? Answer: There is a designated smoking room in the Clevis.
- Question: Are their buses around the area? Luas? Taxi rank?

Answer: The Central Park Luas station is minutes away from the gate of Leopardstown Park Hospital. Residents can access the Luas which provides transport to the city (Stephens Green) or more local supermarkets in Leopardstown Valley (3 stops). The local buses 114, 75 are also accessed by the residents in the Clevis. There are no immediate taxi ranks but local taxi services are only a phone call away and provide a reliable service.

• Question: Is there a website I can view? Answer: <u>www.lph.ie</u>